

# What Health Care Providers Should Know About Particle Pollution and Cardiovascular Risk

## Research shows...

- Particle pollution can trigger heart attacks, stroke, irregular heart rhythms and cause other serious heart problems at any time of the year.
- An estimated 130,000 premature deaths and 180,000 non-fatal heart attacks occur in the U.S. each year due to particle pollution.†
- 92% of cardiac patients are not informed of health risks related to air pollution.‡

## Help your patients understand risks from air pollution and how to reduce them.

- Use the daily air quality forecast on [AirNow.gov](http://AirNow.gov) and on weather reports
- Read the "*Heart Disease, Stroke, and Outdoor Air Pollution*" handout at: [bit.ly/airnow-heart](http://bit.ly/airnow-heart)
- Learn more at: [AirNow.gov](http://AirNow.gov) and [bit.ly/epahealthyheart](http://bit.ly/epahealthyheart)