# Publications Catalog EPA Office of Children's Health Protection



August 2010



This catalog lists all of our materials. You can view these documents on our Web site at **www.epa.gov/children** or contact NSCEP to order forms. Please fax forms to NSCEP at (301) 604-3408 or call NSCEP at (800) 490-9198 if you have questions. Please allow 15 business days for delivery.

# Table of Contents

## General Environmental Health

America's Children and the Environment: A First View of Available Measures.	5
Live, Learn, Play: Tune in to Your Health and Environment	5
Protect Children, Protect Our Future	5
Protect Children Where They Live, Learn, and Play (stickers).	5
Tips to Protect Children From Environmental Risks (Cards – Available in English and Spanish)	5
Tips to Protect Children From Environmental Risks (Growth Charts – Available in English and Spanish)	5
Children's Environmental Health: A Call for Global Protection	6
The EPA Children's Environmental Health Yearbook Supplement	6
America's Children and the Environment: Measures of Contaminants, Body Burdens, and Illnesses	6
Sun Screen: The Burning Facts	6
The Sun, UV, and You: A Guide to SunWise Behavior	6

# Climate Change

Create a New Climate for Action Postcard	7
Climate Change and Children's Health	7
Climate Change & You: What You Can Do at School	7
Join Us in the Fight Against Global Warming	7
Join the Lorax and Help Protect the Earth From Global Warming	7
Frequently Asked Questions About Global Warming And Climate Change: Back to Basics	7

# Indoor Air Quality

Dusty the Asthma Goldfish and His Asthma Triggers	8
Help Your Child Gain Control Over Asthma	8
Children's Environmental Health Disparities: Black and African American Children and Secondhand Smoke	8
Children's Environmental Health Disparities: Hispanic and Latino American Children and Secondhand Smoke	8
Clear Your Home of Asthma Triggers (Available in English and Spanish).	8
Clearing the Air of Asthma Triggers: 10 Steps to Making Your Home Asthma-Friendly.	9
Flood Cleanup and the Air in Your Home	9
Asthma Home Environment Checklist	9

A Citizen's Guide to Radon: The Guide to Protecting Yourself and Your Family From Radon	9
Consumers Guide to Radon Reduction: How to Fix Your Home	9
Radon: A Physicians Guide	9
Promoting Good Prenatal Health: Air Pollution and Pregnancy	10
Protect Your Children: Take the Smoke-Free Home Pledge (Bilingual – English and Spanish)	10
Keep Your Home and Car Smoke-Free Placemat (Bilingual – English and Spanish)	10
A Brief Guide to Mold, Moisture, and Your Home	10
Indoor Air Quality Tools for School Programs: Benefits of Improving Air Quality in the School Environment	11
IAQ Tools for Schools: Actions to Improve Indoor Air Quality	11
Care for Your Air: A Guide to Indoor Air Quality	11
The Magic School Bus Gets Cleaned Up	11

# Pesticides

Effective Control of Household Pests: Information For Older Adults and Family Caregivers	12
Read the Label First! Protect Your Kids	12
Read the Label First! Protect Your Pet	12
Read the Label First! Protect Your Garden	12
Read the Label First! Protect Your Household	12
Help! It's a Roach! A Roach Prevention Activity Book For Kids (Available in English and Spanish)	12
Ten Tips to Protect Children From Pesticides and Lead (Available in English and Spanish).	13
Recognition and Management of Pesticide Poisonings (Available in English and Spanish).	13
Pest Control in the School Environment: Adopting Integrated Pest Management	13
Join Our Pest Patrol: A Backyard Activity Book for Kids on Integrated Pest Management	13
Head Start Staff: What You Need to Know About Pesticide Poisoning	13
Pesticides and Their Impact on Children: Key Facts and Talking Points	14
Poison Prevention: Read the Label First! Community Action Kit.	14
Play It Safe: Reduce Your Child's Chances of Pesticide Poisonings (Available in English and Spanish)	14
Preventing Pest at Home (Available in English and Spanish)	14
Poison-Proof Your Home: One Room at a Time: Pesticide Poisoning Prevention Checklist (Available in English and Spanish)	14
Protect Children From Poisonings: Lock it Up! – Poster	14

# Table of Contents (continued)

## Water

Water Health Series: Bottled Water Basics	15
Water Health Series: Filtration Facts	15

# Fish Consumption

Fish For Your Health Magnet	16
What You Need to Know About Mercury in Fish and Shellfish	16
One Fish, Two Fish, Don't Fish, Do Fish	16
Fish Safety Key Tag	16

# Schools

Healthy SEAT	7
Clean School Bus USA: What You Should Know About Reducing Diesel Exhaust from School Buses 1	7
The SunWise School Program Guide: A School Program That Radiates Good Ideas	7
Chemicals in Schools: Partners for Healthy School Environments	7
Chemicals in Schools: Solutions for Healthy School Environments	7
SC3: Protecting Students and Staff With Green Cleaning	8
Schools Chemical Cleanout Campaign: Protecting Students and Staff Through Responsible Chemical Management	8
Schools Chemical Cleanout Campaign: Industry Leaders are Part of the Solution	8
Building Successful Programs to Address Chemical Risks in Schools: A Workbook With Templates, Tips, and Techniques	8
SC3: Safe Chemical Management in Your School Video	8

# Lead/Polychlorinated Biphenyls (PCBs)

Steps to Lead Safe Renovation, Repair and Painting	7
Renovate Right: Important Lead Hazard Information for Families, Child Care Providers and Schools 19	7
Protect Your Family From Lead In Your Home	7
Give Your Child the Chance of a Lifetime: Keep Your Child Lead-Safe	7
Preventing Exposure to PCBs in Caulking Material	7
Fact Sheet for Schools: Caulk Containing PCBs May Be Present in Older Schools and Buildings	)
Handling PCBs in Caulk During Renovation	)

# General Environmental Health

## America's Children and the Environment: A First View of Available Measures

#### 240-R-00-006

This is EPA's first report on trends and measures reflecting environmental factors that may affect the health and well-being of children in the United States. This report represents an initial step in the identification, development, and compilation of a set of measures that fully reflect environmental factors important for children.

# Live, Learn, Play: Tune in to Your Health and Environment

#### 100-K-04-001

This colorful, engaging booklet was prepared for youth groups and provides information about how to protect yourself and your friends from harm. It includes fun activities (including a rap song) to spread the news about what you have learned and tips and resources to get more information.

#### Protect Children, Protect Our Future -

#### 100-F-06-907

This booklet highlights risks from environmental exposure at home, school, and at play that can be reduced if care is taken to assure a healthy environment.

#### Protect Children Where They Live, Learn, and Play (stickers)

100-E-04-001

Stickers that say "I Love Being Healthy. Protect My Environment."

#### Tips to Protect Children From Environmental Risks

(Cards – Available in English and Spanish) 100-F-02-004

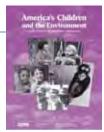
A 5.75" X 9.75" chart with basic tips on how to help children's ability to breathe better and avoid inhaling harmful toxins.

#### Tips to Protect Children From Environmental Risks \_

(Growth Charts – Available in English and Spanish)

100-F-04-013

A growth chart with basic tips on how to help children's ability to breathe better and avoid inhaling harmful toxins.

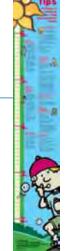












#### Children's Environmental Health: A Call for Global Protection 100-F-02-006

This pamphlet describes what EPA considers risks to children when setting standards.

## The EPA Children's Environmental Health Yearbook Supplement

#### 100-R-00-0018

In June 1998, EPA published The EPA Children's Environmental Health Yearbook, a compilation of EPA activities on children's health. This supplement provides a summary of new projects and updates to ongoing projects described in the yearbook.

## America's Children and the Environment: Measures of Contaminants, Body Burdens, and Illnesses

#### 240-R-03-001

This report brings together quantitative information from a variety of sources to show trends in levels of environmental contaminants in air, water, food, and soil; concentrations of contaminants measured in the bodies of mothers and children; and childhood diseases that may be influenced by environmental factors.

#### Sun Screen: The Burning Facts

430-F-06-013

This brochure educates students in grades 4 and up, high school students, and adults about sunscreens and other important sun protection measures. It answers common questions about sun exposure, vitamin D, tanning, and vulnerability to health risks.

#### The Sun, UV, and You: A Guide to SunWise Behavior -430-K-99-035

This brochure for students in grades 4 and up, high school students, and adults helps explain the risks from overexposure to the sun and how to protect yourself from its radiation.











# Climate Change

#### Create a New Climate for Action Postcard

100-H-08-003

This postcard publicizes a program that encourages teenagers to become Climate Ambassadors and reduce climate change hazards.

## Climate Change and Children's Health

100-K-09-008

This eight-page brochure describes the effects that climate change has on children's health, differentiated from its effects on adults. It also provides several things you can do to prevent climate change.

#### Climate Change & You: What You Can Do at School

430-F-07-007

This one-page suggestion sheet provides some useful steps that teachers and their students can take to help fight climate change.

# Join Us in the Fight Against Global Warming 430-R-09-001

This document shows you how to save energy, save money, and help fight global warming. You can use the last page of the document to help track your accomplishments.

# Join the Lorax and Help Protect the Earth From Global Warming

430-F-09-071

This activity book uses Dr. Seuss's Lorax character to show children how they can help prevent global warming.

#### Frequently Asked Questions About Global Warming And Climate Change: Back to Basics

430-R-08-016

This eight-page document answers frequently asked questions about the science of climate change and global warming, including some definitions and graphs.















# Indoor Air Quality

#### Dusty the Asthma Goldfish and His Asthma Triggers

402-F-04-008

This activity book full of coloring pages, mazes, and word puzzles helps kids learn about asthma triggers and how to avoid asthma attacks.

#### Help Your Child Gain Control Over Asthma 402-F-04-021

This booklet helps adults learn more about preventing their children's asthma attacks by eliminating triggers.

# Children's Environmental Health Disparities: Black and African American Children and Secondhand Smoke

100-F-08-030

This fact sheet provides information on the relationship between environment and asthma among black and African American children, as well as actions that can be taken to protect all children.

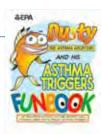
#### Children's Environmental Health Disparities: Hispanic and Latino American Children and Secondhand Smoke 100-F-08-032

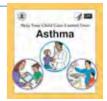
This fact sheet provides information on the relationship between environment and asthma among Hispanic children, as well as actions that can be taken to protect all children.

#### Clear Your Home of Asthma Triggers

402-F-99-005 (English) / 402-F-99-005D (Spanish)

This trifold brochure is a handy resource for parents and caretakers of children with asthma. It discusses five common environmental triggers and ways to reduce exposures to those triggers indoors. Parents can follow the checklist to reduce asthma triggers in their homes and minimize their children's exposure to triggers that may increase the number or severity of their asthma attacks.











#### Clearing the Air of Asthma Triggers: 10 Steps to Making Your Home Asthma-Friendly

#### 402-F-04-017

This list offers reminders of ways to make indoor air quality better, such as by smoking outside or covering pillows and mattresses with dustproof covers.

#### Flood Cleanup and the Air in Your Home

#### 402-K-07-002

This story booklet shows how to clean up after a flood and how to prevent indoor air problems.

#### Asthma Home Environment Checklist

402-F-03-030

This checklist covers allergens and irritants commonly found in homes, what triggers them, and where they are found.

#### A Citizen's Guide to Radon: The Guide to —— Protecting Yourself and Your Family From Radon 402-K-09-001

This document helps people learn all about radon risks, how to test for radon in homes, and how to lower radon levels.

# Consumers Guide to Radon Reduction: How to Fix Your Home

402-K-03-002

This 20-page booklet is for people who have tested their home for radon and confirmed that they have elevated radon levels of 4 pCi/L or higher. This booklet can help select a qualified radon mitigation contractor to reduce the radon levels in homes, determine an appropriate radon reduction method, and maintain radon reduction systems.

#### Radon: A Physicians Guide -

402-K-93-008

This booklet aims to help doctors fully understand the health risks that radon poses, and details frequently asked questions and additional resources.

















#### Promoting Good Prenatal Health: Air Pollution and Pregnancy 100-F-09-020

This booklet identifies common environmental exposures and provides simple steps that health care providers can recommend to pregnant women and new mothers to avoid exposure.

#### Protect Your Children: Take the Smoke-Free Home

Pledge (Bilingual – English and Spanish)

402-F-04-002

Learn about the harmful health risks of secondhand smoke to children in this bilingual brochure (English and Spanish). You can protect your children by making your home and car smoke-free. Take the Smoke-Free Home Pledge and protect your children from the health risks of secondhand smoke.

#### Keep Your Home and Car Smoke-Free Placemat

(Bilingual – English and Spanish) 402-E-04-008

The bilingual (English and Spanish) Keep Your Home and Car Smoke-Free placemat can be used to assist you in your outreach activities in child care centers, schools, and more. Designed for young children (approximately 7 years or younger), this paper placemat has a message for parents on one side, and the other side is for children to color. Placemat dimensions are 11" x 17".

#### A Brief Guide to Mold, Moisture, and Your Home 402-K-02-003

This guide explains mold basics: why mold grows in the household, how it can cause health problems, and how to safety remediate mold, including tips on how to prevent condensation and hotbeds for mold growth.









# Indoor Air Quality Tools for School Programs: Benefits of Improving Air Quality in the School Environment

402-K-02-005

This full-color brochure describes the many benefits of using the Indoor Air Quality Tools for Schools Program to improve indoor air quality (IAQ) and the quality of the learning environment. Benefits highlighted in the brochure include successful outcomes in schools (i.e., health benefits and cost savings), research on IAQ and schools (i.e., cost savings, performance, and health effects), mold remediation, and asthma management.

#### IAQ Tools for Schools: Actions to Improve Indoor Air Quality

402-F-05-016

This trifold brochure as the primary resource to market the indoor air quality Tools for Schools Program to school staff and other stakeholders. This brochure includes insert cards with guidance and action items for facility managers, teachers, administrators, and health professionals on how to implement the program and improve IAQ in schools.

# Care for Your Air: A Guide to Indoor Air Quality 402-F-08-008

This booklet is a guide to all elements that affect IAQ, including mold, radon, secondhand smoke, and other health irritants in homes, schools, and offices, and how to improve air guality.

## The Magic School Bus Gets Cleaned Up

420-K-07-001

In this illustrated storybook, a teacher named Ms. Frizzle takes her class on several science-oriented field trips, riding in their magic school bus. In "The Magic School Bus Gets Cleaned Up," the children and Ms. Frizzle explore the pollution emitted from their own diesel bus and learn how to reduce the emissions as they find themselves traveling through a diesel engine. The children learn about idle reduction and ways the community can help reduce health risks from diesel exhaust. At the end of the book, the bus gets its own pollution control device: a diesel particulate-matter filter.









Two-page fact sheet on responsible pesticide use indoors.

#### Read the Label First! Protect Your Kids

#### 740-F-00-001

The fourth trifold brochure in the Consumer Labeling Initiative series focuses on protecting children from exposure to pesticides used in the home.

## Read the Label First! Protect Your Pet

#### 740-F-00-002

The third trifold brochure produced for the Consumer Labeling Initiative, this brochure focuses on how to reduce pets' exposure to pesticides used in the home and on the pets themselves.

# Read the Label First! Protect Your Garden 740-F-00-003

The second of four trifold brochures designed for the Consumer Labeling Initiative, this brochure focuses on responsible use of pesticides in the garden.

# Read the Label First! Protect Your Household

#### 740-F-00-004

The first in a series of four trifold brochures developed for EPA's Consumer Labeling Initiative, this brochure focuses on responsible use of pesticides in the home.

#### Help! It's a Roach! A Roach Prevention Activity Book -For Kids

735-F-98-016 (English) / 735-F-01-004 (Spanish)

A roach prevention activity book for children in grades 1–3.

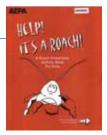












## Ten Tips to Protect Children From Pesticides and Lead

(Bilingual – English and Spanish) 735-F-03-001

This is a bilingual (English and Spanish) two-sided, fold-out brochure (10 panels) for parents that includes tips on ways to protect children from pesticide and lead poisonings. One side is in Spanish and the other in English.

#### Recognition and Management of Pesticide Poisonings

735-R-98-003 (English) / 735-R-98-004 (Spanish)

This is a 235-page manual for health professionals containing the most current information on the health hazards of pesticides.

## Pest Control in the School Environment: Adopting Integrated Pest Management

735-F-93-012

One of our most popular items, this 43-page booklet is designed for use by school officials interested in improving their pest management practices. It identifies ways to reduce dependence on pesticides in school buildings and landscapes and discusses alternative methods for managing pests commonly found in schools

## Join Our Pest Patrol: A Backyard Activity Book for Kids on Integrated Pest Management

735-F-07-001

This activity book is for educators of children in grades 1-6 and can be incorporated into reading, science, and even math and art classes. Teaching environmentally sensitive approaches to pest management at the grade school level can provide children with important information about pest identity and biology, and ecology. It can also help children understand the impact that personal choices—like whether or not to use chemicals to control pests-can have on our environment.

#### Head Start Staff: What You Need to Know About Pesticide Poisoning

735-F-07-011

This two-page brochure provides basic information for childcare staff about how to keep children safe from pesticides.











This two-page fact sheet outlines key facts about pesticide poisonings and how to prevent them. This piece was developed for childcare providers and people visiting parents in their homes.

# Poison Prevention: Read the Label First! Community - Action Kit

735-V-08-001

This kit includes training materials for communities to use to heighten awareness about preventable poisonings caused by improper use and storage of household products.

#### Play It Safe: Reduce Your Child's Chances of Pesticide Poisonings

735-K-07-003 (English) / 735-F-07-021 (Spanish)

This trifold brochure developed for childcare providers outlines simple ways to prevent pesticide poisonings.

#### Preventing Pest at Home \_\_\_\_\_

735-F-07-002 (English) / 735-F-07-020 (Spanish)

This one-page fact sheet describes how to keep pests away by starving them out, drying them out, and keeping them out.

#### Poison-Proof Your Home: One Room at a Time: Pesticide Poisoning Prevention Checklist

735-F-07-010 (English) / 735-F-07-019 (Spanish)

A two-page checklist that outlines ways to keep homes safe from pests.

#### Protect Children From Poisonings: Lock it Up! – Poster 735-H-03-002

This poster encourages parents to store pesticides and other household chemicals up high in a locked cabinet. It also gives the important poison and pesticides control phone numbers.













# Water

#### Water Health Series: Bottled Water Basics

815-K-05-003

Learn more about bottled water, how it is regulated, and where to get information on bottled water choices.

## Water Health Series: Filtration Facts

816-K-05-002

This basic guide answers questions about home water treatment devices and where to get more information on particular brands.





# Fish Consumption

#### Fish For Your Health Magnet

823-E-05-003

This magnet provides the EPA Fish Advisories website address and a message on the risks and benefits of fish consumption.

# What You Need to Know About Mercury in Fish and Shellfish

823-F-04-009

Developed by EPA and the U.S. Food and Drug Administration (FDA), this brochure provides guidance to women of child-bearing age and children on selecting and eating fish to avoid exposure to harmful effects of mercury.

#### One Fish, Two Fish, Don't Fish, Do Fish -823-H-06-004

This poster provides easy to remember information about the amount of fish women of child-bearing age and children can safely eat.

#### Fish Safety Key Tag \_

823-E-06-004

This handy tag for key rings provides information about the safety of eating fish for women of child-bearing age and children.







# Schools

## Healthy SEAT

403-F-05-023

This four-page fact sheet describes Healthy SEAT, a software tool to help school districts evaluate and manage their school facilities.

#### Clean School Bus USA: What You Should Know About Reducing Diesel Exhaust from School Buses 420-F-03-038

This fact sheet recommends ways for schools to reduce diesel pollution from school bus idling. It also offers tips on how to implement anti-idling and smart driving practices.

## The SunWise School Program Guide: A School Program That Radiates Good Ideas

430-K-03-002

Learn how a school becomes a SunWise partner, what tools are available to schools, how SunWise is evaluated, and why schools should participate in SunWise. This brochure is intended for educators.

## Chemicals in Schools: Partners for Healthy School -Environments

530-F-05-016

This brochure provides potential Schools Chemical Cleanout Campaign (SC3) partners with an overview of the SC3 program and basic chemical management steps.

#### Chemicals in Schools: Solutions for Healthy School -Environments

530-F-05-012

This brochure provides K-12 schools with an overview of the SC3 program and basic chemical management steps.



HealthySEAT







## SC3: Protecting Students and Staff With Green Cleaning

530-F-08-015

This fact sheet explains basic green cleaning concepts and offers tips on how to build a green cleaning program.

#### Schools Chemical Cleanout Campaign: Protecting Students and Staff Through Responsible Chemical Management 530-F-07-005

This fact sheet describes EPA's program to protect students and staff through responsible chemical management.

# Schools Chemical Cleanout Campaign: Industry Leaders are Part of the Solution

530-F-07-006

This fact sheet describes how industry can help reduce chemical risks in schools.

#### Building Successful Programs to Address Chemical — Risks in Schools: A Workbook With Templates, Tips, and Techniques 530-K-08-003

This workbook contains templates, tips, and techniques to help create and improve responsible chemical management programs in K-12 schools.

# SC3: Safe Chemical Management in Your School Video 530-C-09-002

This video targets school decision makers and highlights the five steps to developing a school chemical management program. Case studies of successful school programs are given.











# Lead/Polychlorinated Biphenyls (PCBs)

#### Steps to Lead Safe Renovation, Repair and Painting

740-K-09-003

This 36-page guide contains information for contractors and homeowners on how to plan for and complete a home renovation, repair, or painting project in pre-1978 housing and child-occupied facilities using lead-safe work practices.

# Renovate Right: Important Lead Hazard Information for Families, Child Care Providers and Schools

740-F-08-002

Contractors are required to provide this pamphlet to their clients prior to providing paid renovation services in pre-1978 homes, schools, or daycare centers. The pamphlet contains general information about legal requirements for safe lead practices for homeowners, tenants, child care providers, and parents during renovation activities.

#### Protect Your Family From Lead In Your Home

#### 747-K-99-001

This brochure must be provided to prospective buyers and renters of pre-1978 homes, and residents of homes where renovations will take place.

#### Give Your Child the Chance of a Lifetime: Keep Your Child \_ Lead-Safe

747-F-04-002

This trifold brochure was developed for Head Start parents. It outlines the general causes of lead poisoning and provides simple steps to prevent it.

#### Preventing Exposure to PCBs in Caulking Material -

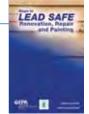
747-F-09-005

This short brochure tells citizens where PCBs are found and when to test for them, what their health impacts are, and how to protect children and other building occupants from them.









#### Fact Sheet for Schools: Caulk Containing PCBs May Be Present in Older Schools and Buildings 747-F-09-003

This fact sheet and checklist helps school officials determine whether their facilities might be at risk for PCBs and how to learn more about PCB exposure and effects.

#### Handling PCBs in Caulk During Renovation

#### 747-F-09-004

This brochure is meant to provide contractors, parents, teachers, and school administrators a general overview of the practices a contractor should consider when renovating a building that has PCB-containing caulk. Contractors play an important role in protecting public health by helping prevent exposure to toxic PCBs.





U.S. Environmental Protection Agency Office of Children's Health Protection and Environmental Education Child and Aging Health Protection Division (1107A) www.epa.gov August 2010